

# ADAPTATION AND VALIDATION OF THE WORLD HEALTH ORGANIZATION QUALITY OF LIFE-BREF FOR PEOPLE WITH APHASIA

Ana Filipa S. Araújo<sup>1</sup>, Luis M. T. Jesus<sup>1,2</sup>, Pedro Sá-Couto<sup>1,3</sup> & Maria Assunção C. Matos<sup>1,4</sup>

[anaaraujo@ua.pt](mailto:anaaraujo@ua.pt)

<sup>1</sup>School of Health Sciences (ESSUA), University of Aveiro, Aveiro, Portugal; <sup>2</sup>School of Health Sciences (ESSUA), Institute of Electronic and Informatics Engineering of Aveiro (IEETA), Intelligent Systems Associate Laboratory (IASI), University of Aveiro, Aveiro, Portugal; <sup>3</sup>Center for Research and Development in Mathematics and Applications, Department of Mathematics, University of Aveiro, Portugal; <sup>4</sup>School of Health Sciences (ESSUA), CINTESIS@RISE, University of Aveiro, Aveiro, Portugal

# INTRODUCTION AND AIMS

It is **essential** to consider the **well-being and quality of life (QoL)** of the person as part of an **effective intervention in health**



World Health Organization Quality of Life-BREF (WHOQOL-BREF)

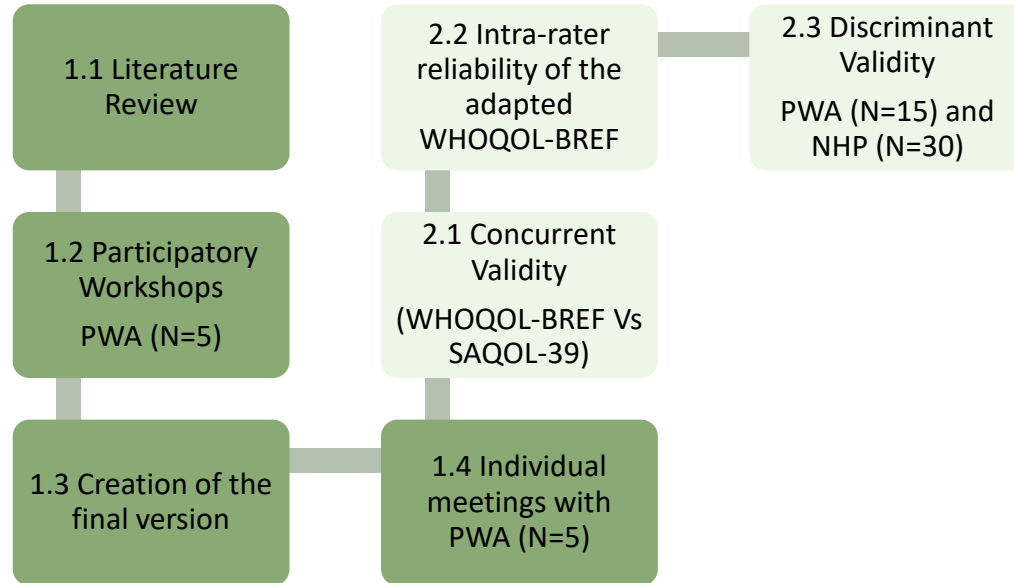
(WHO, 1996; Canavarro et al. 2006)

Not adapted to the comprehension and expression difficulties of people with aphasia (PWA)



Develop an aphasia-friendly support for the WHOQOL-BREF

# METHODOLOGY



# RESULTS

The results **are in line with what is reported in the literature** regarding aphasia-friendly adaptations

There are **no differences between test-retest**

The results of assessing group differences showed that **PWA do not present significant differences in QoL compared to NHP**, except for the physical domain

The results indicated a **correlation only between the WHOQOL-BREF Physical + SAQOL-39 Physical and WHOQOL-BREF physical + SAQOL-39 Communication**

# CONCLUSIONS



Main objective  
achieved

**Produce an aphasia-friendly support** for the Portuguese version of the WHOQOL-BREF



Suggestions for future  
work

**Larger group of PWA to analyse the psychometric characteristics** and **establish standardised values** for the Portuguese population of PWA

# BIBLIOGRAPHY

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