

Translation and Validation of the Portuguese Version of the Social Activities Checklist

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Introduction, Aims and Methodology

Introduction

- ❖ Social participation of people with aphasia (PWA) is a growing concern in healthcare. The Social Activities Checklist (SOCACT) is an instrument that measures the social participation of the PWA.
- ❖ In Portugal, the number of assessment tools capable of assessing these difficulties is scarce.

Aim

- ❖ The aim of this study was to translate the SOCACT to Portuguese and analyse its validity and reliability for a group of Portuguese people with aphasia (PWA) and a group of neurologically health people (NHP);

Methodology

Phase1 – Translation and Content Validation:

- ❖ Consisting of different phases: Translation of SOCACT to Portuguese; back-translation; experts committee (N=6) evaluation of the different versions; cognitive debriefing with 5 PWA (individual and group interviews; content validation).

Phase 2 – Application of the SOCACT to the PWA and NHP groups:

- ❖ Pilot Study with 15 PWA and 30 NHP.

Results/Discussion and Conclusion

Results/Discussion

Phase1 – Translation and Content Validation:

- ❖ Content Validation: Content Validity Index obtained was 1 for most of the questions;
- ❖ The experts found the SOCACT-EP easy to understand and unambiguous.

Phase 2 – Application of the SOCACT to the PWA and NHP groups:

- ❖ Internal Consistency: Low for the PWA group and acceptable for the NHP;
- ❖ Differences between Groups: Some activities differ greatly among the groups; PWA reported difficulties as a consequence of aphasia.

Conclusions

- ❖ Further research on Social Participation and the SOCACT-EP is required to evaluate and adapt existing activities for Portuguese individuals with aphasia, considering varying degrees of aphasia to ensure effective engagement.

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